



"Who in the world am I?" The Enneagram is like a mirror, reflecting dimensions of ourselves that are sometimes hard to see. In this helpful guide, spiritual director and Enneagram teacher Alice Fryling offers an introduction to each number of the Enneagram and their respective triads. More than just helping us discern our number, this book relates the Enneagram to our spiritual journey, as a way to identify our gifts as well as our blind spots. With Scripture meditations and questions for reflection and discussion, *Mirror for the Soul* offers a new perspective on our unique temperament so that we might know and extend God's grace more fully. Knowledge of the Enneagram leads us into more authentic self-awareness, richer relationships, and deeper places in the soul where we can worship God in truth and grace.

Holly Irvin – I suggest taking the Enneatype online test to score yourself at [@www.eclecticenergies.org](http://www.eclecticenergies.org)

Our small group found it meaningful to know our enneatype as we studied the book.

Resource was used by _____ (Small Group) _____ (month/year)

Comments _____

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